
Master Ken Tallack

Master Ken Tallack is a highly decorated Martial Artist. Master Ken Tallack will be teaching the Dragon (LUNG) form and the Martial application of each movement. The Dragon (LUNG) is the spiritual king of the animals and gives the practitioner bold internal power, spirit and has twisting movements. This Pod is available to all Belt Levels and ages.

Master Brent Atkinson

You won't be without sparring this year, Master Brent Atkinson will be teaching you effective sparing techniques that will help you bring home that big trophy. Master Brent has won many of his own Big Trophies in his career. You will Learn some of Master Brent's most famous sparring moves, how and when to use them in a match. This Pod is available to all Belt levels and all Ages.

Sifu Steve Rushmere

Sifu Steve Rushmere has learned Shaolin Drills from Monk Shifu Yuag Jing. You will be learning drills that are done to this day by actual Shaolin Monks. This Pod is available to Adults and Advanced Belt levels children.

Great Grand Master Dave Chong

Don't miss this opportunity to Learn from our Great Grand Master. He will be teaching the traditional Leopard form (PAO). This Form is the First of the 5 animal forms. The Leopard (PAO) has speed, agility and dangerous Power. Great Grand Master Dave Chong will teach you to be fast like a Leopard (PAO), how to be as agile as the Leopard (PAO) and how to unleash the Leopards (PAO) Dangerous Powers. This Pod is available to all ages and belt levels.

Master Marc Valois

Master Marc Valois will be teaching Knife Self Defence. Master Marc Valois has worked with Knife Self Defence for decades. He has honed his Knife skills to a very sharp point and is willing to share his great knowledge of how to defend yourself against this most dangerous weapon with. This This Pod is available to All Belt levels 13 years and up.

Kyle Cochrane

Having fun while learning Kung-Fu. Sifu Kyle Cochrane is one of the best youth instructors in the association. He will be teaching animal walking techniques for Leopard, Dragon, Snake, Tiger and Crane. Partner Blocking vs the Animals and Wushu Kicking. This Pod is available to all Youth Belt Levels.

2018 Instructors:

Great Grand Master Dave Chong

Marc Valois

Jann Aki

Ken Tallack

Kyle Cochrane

Henry Choo Chong

Steve Rushmere

Brent Atkinson

John Atkinson

Laura Sywyk

Liam McAlear

John Johanis

Ted Yearwood

Canadian Karate Kung Fu Association



Sensei Laura Sywyk

Learn Women's Self Defence from one of the Best Female Instructors. Laura Sywyk has been teaching Women Self Defence for many years. You will learn how to defend against the most common attacks. She will teach a series of simple, highly effective self-defence techniques for use during an assault. This Pod is available to all women of all Belt Levels.

Sensei John Johanis

We all know most altercations end up on the ground. If you are on the ground, punching and kicking are no longer effective. Kyoshi John Johanis will teach you how to establish proper position from the ground and reverse your opponent's motion to regain control of the attack. This Pod will be available to all belt levels 7 years and older.

Master John Atkinson

If you want to know what works and doesn't work for a Martial Arts School this is the Training Pod for you. Master John Atkinson will be leading a Martial Arts Marketing Round table. Everyone will be part of the discussion with the main goal of helping every school grow and prosper. This is where everyone can talk the same language, and learn from other schools from across the country. This will be a sit in lunch meeting for Instructors with a light lunch provided. Must pre-register on Friday.

Sifu Liam McAlear

If you want to learn some really cool Hapkido moves, this is the Pod for you. Liam McAlear will be teaching you the traditional Hapkido weapon Rope Stick. The Rope Stick is both a short range weapon and a long range weapon. This may look like just a simple stick with a rope but in the right hands, this weapon will Destroy your most feared mortal enemy. This Pod is available to all advanced belt levels.

Sifu Henry Choo Chong

Sifu Henry Choo Chong will be teaching Shaolin Self Defence techniques. They are often treated like a treasure to be hidden, carefully held secrets. Each one contains principles, and by collecting the techniques and extracting the principles, the student understands Shaolin. This Pod is available to all Belt levels 10 years and older.

Sensei Ted Yearwood

This is a Unique Training Pod focusing on the concepts of Self Defence. Sifu Ted Yearwood will teach you Self Defence from the inside out focusing on timing, direction and driving centre as it applies to Self Defense. This training Pod is available to All Belt levels 13 years and up.

Sensei Jann Aki

Introducing Jann Aki all the way from Hawaii. Jann Aki is a Master Instructor in GoJu-Kan Karate. He has been training for 50 years and teaching for 40 years. Jann will be teaching Cardio drills to help you move faster and last longer during your next completion. He will also be teaching Self-defence techniques that every student will benefit from and will finish with Group development Team work Drills. This training Pod is available to All Belt levels and ages.